



8th March 2022

Dear Parents/Carers

As a part of your child's education at The Holmesdale School we promote personal wellbeing and development through a comprehensive Personal Development (PD) programme. PD education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the course of the year, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons will include: healthy relationships (including friendships and intimate relationships) families, growing and changing (including puberty, personal hygiene, changing feelings, becoming more independent, keeping safe and consent) and developing self-esteem and confidence. Pupils will have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

Personal Development is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

Please visit the school's website: <http://www.holmesdale.kent.sch.uk/download/get/pshe-policy-2021/242> for more details about our PD curriculum. All PD teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. To help us review our Relationships and Sex Education (RSE) Policy we would appreciate your feedback. Parents are encouraged to complete the parents' questionnaire through the following link to our website: <https://forms.office.com/r/dyG6zLHjuC>

If you would like to find out more or discuss any concerns, please contact the school.

Yours sincerely,

Ms S Houlker
Assistant Headteacher